Please pre-register online!

February

Newcomer Classes

Mondays	6:30	Newcomer Waltz	Lenora's Ballroom	Leilani
Tuesdays	6:30	Newcomer West Coast Swing	Lenora's Ballroom	Cassie
Wednesdays	6:30	Newcomer Salsa	Lenora's Ballroom	Leilani/Ricardo
Thursdays	6:30	Newcomer Argentine Tango	Lenora's Classroom	Cassie
Fridays	6:30	Newcomer East Coast Swing	Lenora's Ballroom	Alayna

Beyond Beginning Classes

Mondays	7:30	Beyond Beginning Quickstep	Lenora's Ballroom	Leilani
Tuesdays	7:30	Beyond Beginning WC Swing	Lenora's Classroom	Cassie
Thursdays	6:30	Beyond Beginning WC Swing	Lenora’s Ballroom	Leilani
Fridays	7:30	Beyond Beginning Rumba	Lenora's Ballroom	Alayna
Fridays	8:30	Beyond Beginning Salsa	Lenora’s Ballroom	Leilani/Ricardo

Intermediate / Advanced Classes

Thursdays	7:30	Intermediate WC Swing	Lenora’s Ballroom	Leilani
Thursdays	8:30	Int / Adv Rumba	Lenora’s Ballroom	Leilani

Classes are 50 min, followed by 10 minutes of practice time, unless otherwise specified.
If you pay for the month - Newcomer: $7, BeyondBeg/Int/Adv: $9 per class. $2 more per class if you drop in weekly.

Social Dances

Ballroom Social Dances

At LENORA'S Ballroom

2nd, 4th, 5th Saturdays

$7

8-8:30 Free lesson
8:30-11 Social Dance

Feb 9th - Lesson: Foxtrot
Feb 23rd - Lesson: Salsa

WC Swing Practica

At LENORA'S Ballroom

3rd Fridays

$5

9:30-11:30
Mini lesson at 10pm included

Feb 15th

Salsa Dance

At LENORA'S Ballroom

4th Fridays

$5

9:30-10 Lesson
10-11:30 Social Dance

Feb 22nd

Kids Ballroom Classes

Mondays	4:15	Beginning	8-17 yrs old	Lenora's Ballroom	Leilani
Wednesdays	4:15	Beginning	8-17 yrs old	Lenora's Ballroom	Leilani
Tuesdays	4:15	Intermediate	8-17 yrs old	Lenora's Ballroom	Leilani

Classes are 45 minutes. $8 per child if you pay for the month, or $10 if you drop in. Pre-registration is required!

Zumba Fitness

Mornings:

Monday	10:40am
Wednesday	10:40 am
Saturday	10:00 am

Evenings:

Tuesday	5:30pm
Thursday	5:30pm

All Zumba classes are held at Lenora's Ballroom
$8 drop in, or $40 a month unlimited Zumba

Leilani Nakagawa **Alayna Bussen** **Ricardo Linnell** **Cassie Winter**

www.PortlandBallroomDancing.com

503-740-3838

Location - Lenora's Ballroom:

615 SE Alder St, Portland 97214. Entrance on 6th street. Up the stairs and down the hall.